

RISK ASSESSMENT	Emergency Services / Mountain Rescue	999	TASK	Litter Pick
FRIENDS OF NEVIS	Police - Fort William	01397 702 361	DOCUMENT	RA07
NEVIS LANDSCAPE PARTNERSHIP	Belford Hospital - Fort William	01397 702481	TEAM REVIEWED Revision due	26/04/21 April 2022

PRIOR TO THE EVENT THE LEADER MUST:	<ul style="list-style-type: none"> • Check weather forecast • Review this risk assessment and update as necessary • Ensure correct PPE is available for all staff and volunteers 	<ul style="list-style-type: none"> • Ensure First Aider present at all events • Ensure First Aid Kit is complete and present at all events. 	PRIOR TO THE EVENT THE VOLUNTEER MUST:	<ul style="list-style-type: none"> • Come appropriately dressed for weather conditions and activity • Read this risk assessment and seek clarification where necessary • Ensure leader is aware of any relevant medical conditions.
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COMMON HAZARDS		WHO IS AT RISK?	RISK RATING	CONTROL MEASURES	RESIDUAL RISK
Litter pick	Slips trips and falls especially steep banks	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Site familiarisation, noting potential hazards and ground conditions • Sturdy footwear with ankle support 	Low
	General litter – paper, drink cans, plastic bottles, takeaway food cartons.	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Briefing/training on use of litter pickers, • Wear protective gloves • Use bag hoops to make it easier to put the litter in the bin bag 	Low
	Dog or other animal waste. Human waste	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Briefing to raise awareness that this may be present. • Advise all persons to avoid contact • Personal hygiene 	Low
	Contact with broken glass, barbed wire needles or other sharp objects	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Briefing/training on use of litter pickers • Wear protective gloves • Use buckets / trugs for broken glass where possible • Identification of disposal box for sharp objects (Sharps box) • Children should not pick up these items but should inform the Project Leader of their location 	Low
	Contact with stagnant water and potential resulting infection.	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Training, personal hygiene, protective equipment (wellies, gloves, etc.) 	Low
	Falling into river / deep water	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Check water levels on morning of event. IF in spate NO litter picking close to river. • No one to operate solo on river bank 	Low
	Injury during disposal/collation of waste	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Training/briefing, segregation of waste – i.e. sharp items, broken glass, etc. 	Low
	Hygiene	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Wear work gloves during the activity and when handling litter / bags / tools after. • Cover any cuts or grazes with surgical tape or waterproof plasters • Avoid rubbing the mouth and eyes whilst working • Wash hands and forearms before eating, drinking, smoking or going to the toilet 	Low
	Traffic – Vehicles & bicycles - Contact with moving traffic or being hit by flying objects from moving vehicles	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Prior to the event the Event Leader should assess the level of risk where proximity to vehicle movements is likely. • Signage to alert drivers and cyclists to be displayed • Hi-vis vests to be worn by litter pickers. • Advise participants of risks and any specific areas which should not be accessed. • Participants should not wear earphones etc that might impede their ability to hear vehicles. • Children must be supervised by responsible adult(s) 	Low
Tools & Equipment	PPE	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Work gloves to be worn at all times • Hi-vis vests to be worn when working in car parking areas, on or near roads or cycle paths • Eye protection to be worn when working amongst dense vegetation 	Low
	Incorrect use of tools causing injury to yourself or others.	Staff Volunteers	Medium	<ul style="list-style-type: none"> • Briefing/training on use of litter pickers, bag hoops and sharps box 	Low

Weather	Hot/Sunny/cloudy – sunburn, sunstroke, dehydration Wind chill effect – Not feeling effect of sunburn	Staff Volunteers	Medium	<ul style="list-style-type: none"> Advise all to wear sun hats, cover up bare skin, use sunblock. Provide drinking water and encourage everyone to drink water frequently Provide / advise frequent rest breaks and where possible introduce shading to rest areas Educate all about recognising the early symptoms of heat stroke In very hot weather, avoid mid day working Consider rescheduling / shortening / changing the activity. 	Low
	Cold/Rain/Winter Conditions – Hypothermia, muscle strain Wind chill effect – reducing ambient temperature further.	Staff Volunteers	Medium	<ul style="list-style-type: none"> Ensure all people are dressed appropriately for the weather conditions, warm clothing, full waterproofs and boots, warm hats and gloves Provide hot drinks such as soup, tea, coffee Carry storm shelter Encourage volunteers to warm up after breaks to avoid muscle strain Educate all about recognising the early symptoms hypothermia. Consider rescheduling / changing / shortening the activity 	Low
Work Environment	Difficult ground conditions e.g. steep slopes, boggy, uneven terrain, dense undergrowth, fallen trees – slips, trips and falls, fatigue, danger from carrying tools and materials to site.	Staff Volunteers	Medium	<ul style="list-style-type: none"> Ensure all people are wearing appropriate footwear for the ground conditions and activity, preferably with good ankle support Tool talk to cover safe methods of transporting tools to site Share the burden of heavy loads Walk at a pace appropriate to ground conditions and group members Be aware of others walking close to you especially when carrying tools 	Low
	Minibus loading/unloading – danger from other road users, tools left on road being a hazard to other road users.	Staff Volunteers Public	Medium	<ul style="list-style-type: none"> Where possible park minibus to allow passengers to disembark away from the flow of traffic Allow space for unloading / loading tools Do not block public roads Where necessary appoint two people wearing hi-vis vests to manage traffic 	Low
Man ua	Lifting heavy / awkward objects - Back strain and muscle strain,	Staff Volunteers	Medium	<ul style="list-style-type: none"> Brief participants and follow Moving and Handling best practice, encourage teamwork. Ensure rubbish bags are not overfilled 	Low
Insect bites / Disease	Midge – reaction to midge bites	Staff Volunteers	Low	<ul style="list-style-type: none"> Advise participants to carry insect repellent. Carry spare to issue to those without. Advise participants to bring midge nets. Carry spare nets to loan to those without. Wear long sleeves and trousers 	Low
	Lymes Disease - Is transmitted by the bite of an infected tick.	Staff Volunteers	Medium	<ul style="list-style-type: none"> Keep your legs and arms covered, tuck trousers into socks. Carry tick removal tool in first aid kit (O'Tom Tick Twister or similar) Brief participants on high risk vegetation: bracken, brush, heather Wear light clothing: ticks are easier to spot and brush yourself down before getting in the minibus or going in doors. Check skin for ticks during and after the event, remove ticks as soon as possible Follow guidelines for removal https://www.lymediseaseaction.org.uk/about-ticks/tick-removal/ Brief participants to visit GP for Lymes test if they develop rash / flu like symptoms up to two weeks after being bitten 	Low
	Weils disease (Leptospirosis) is a potentially fatal infection that is transmitted by contact with urine from infected rats. Workers in contact with stagnant / slow moving water are at risk. Flu like symptoms, headaches, vomiting	Staff Volunteers	Medium	<ul style="list-style-type: none"> Don't touch animals with unprotected hands. Wash cuts and grazes immediately with soap and running water and cover all cuts and broken skin with waterproof plasters before and during work. Wear protective clothing. Wash your hands after handling any animal, or any contaminated clothing or other materials and always before eating, drinking or smoking. See your doctor if you develop symptoms 	Low
	Tetanus	Staff Volunteers	Medium	<ul style="list-style-type: none"> All staff & volunteers are advised to ensure their tetanus vaccination is up to date. 	Low